




LAVANYA JHA

CONTACT

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SKILLS

- interpersonal communication
- analytical skills
- research skills
- management
- writing

LANGUAGE

- Hindi (mother tongue)
- English (fluent)
- Bengali (speaking)
- German (basic A1 level)
- French (basic 3rd language)

PROFESSIONAL PROFILE

I am fascinated by people and communication patterns and aspire to make human interaction and personal connections easier.

I am an avid learner and can work well under pressure

INTERNSHIP AND WORK EXPERIENCE

Institute of Psychiatry- Intern

(1st August 2022 - 3rd September 2022)

- orientation in case history taking, mental status examination and psychological assessments, etc.

Ummeed Counselling and Consultancy Services - Intern

(7th February 2022 - 26th February 2022)

- covered concepts related to Positive Psychology, behavior therapy, enhancing skills for mental health professionals, counselling in school scenario, adolescent counselling and goal setting.

Reference- +91 9433744078, Pinky Bannerjee, Counselling Psychologist

Footzila Football Club- Manager

(April 2018 - January 2019)

- managed operational tasks including inspection of facilities, preparing inventory, reports and activity lists, hired and oversaw training of staff, coordinating with all departments and planning for special events

Reference- +91 8088001755, Chirantan Ghosh, Managing Director

DSHED Fashion Store- Store Manager

(September - November 2018)

- Worked with owner to formulate the brand and visuals, directed operations of store, meeting customer needs in store, ensuring profitability, customer satisfaction and cost-effective store operations.

- Job left due to store closure

Reference- +91 7338824678, Harigopal Dutta, Store Owner

BestDeal Financial Services- Financial Intern

(1st September 2016 - 17th August 2017)

- Account Reconciliation
- Monthly journal entry preparation

Reference- +91 7715972727, P Shankar, CFO

VOLUNTARY EXPERIENCE AND LEADERSHIP

- In 2014, I was a part of a group that conducted a survey of 100 domestic families about the upbringing of their children using self-reports.
- Participated in college cultural activities and won accolades
- Participated in college social activities like Suicide Prevention Day event and visited child and elderly homes as part of Independence Day programs (2017-19)
- National Consumer Rights Commission- Certificate of membership for the post of Reporter & Content writer, Bangalore, Karnataka State. ID Card No. NCRC/DEL/2588/13/KA/003, valid up to 24/07/20.
- Foundation certificate course on career counseling through ICCCA- a 15 credit course spread over 2 days through a virtual conference

EDUCATION

Frank Anthony Public School (2005-2011)

- Won several accolades in Karate, Art, Drawing and Dance.

The Heritage School (2011-2017)

- India Grade X 79%
- India Grade XII of 76%
- Captain of the Heritage Girl's Football team from (2015-17).
- Editor of the Cookery club (2015-17).

Indian Institute of Psychology and Research (2017-2021)

- B.A in Psychology, Marketing and Economics
- CGPA- 7.42; Grade A – First Class with Distinction

Chinmaya Vishwavidyapeeth (2021-2023)

- MSc Applied Psychology
- CGPA- 8.03; Grade A
- Dissertation Paper presentation- Family Incivility and Adjustment among Adolescents
- Interned for one day ever week at Adarsh Charitable Trust- a school for differently abled children (September,2022-December 2022)